

Backcountry

Bay Area Expeditions is an expeditionary travel and training company.

Our trips have a mix of aspects of training, and touring. We are designed to get you into the back country of the American West, teach you survival skills and help you explore the elements from new perspectives.

This is your adventure, and your opportunity to relax, get into a new environment, bring your outdoors skills to a new level, work on your fitness, photography, even your golf swing.

CLICK HERE TO VISIT [WWW.BAYAREAEXPEDITIONS.COM](http://WWW.BAYAREAEXPEDITIONS.COM) FOR FURTHER INFORMATION.





# BACKPACKING

Our Backpacking courses teach you how to be efficient, comfortable and safe in the wilderness so you can enjoy your experience outdoors.

## INTRODUCTION TO BACKPACKING

Covers all equipment, logistics, safety, and planning in an interactive and hands-on learning method.

6 hour class \$100

## INTERMEDIATE BACKPACKING

Includes the following three components:

- Intermediate Backpacking
- Intermediate Field Medicine
- Intermediate Land Navigation

7 hours \$110



# COLD WEATHER / SNOW CAMPING

Our Cold Weather Classes are taught by former Military and Search and Rescue members who all have extensive training in cold weather backpacking and survival.

## COLD WEATHER CLASSROOM TRAINING

2.5 hour \$50

## SNOW SHOEING DAY TRIP

\$150

## SNOW CAMPING OVERNIGHT

\$200, includes all components of Cold Weather Program

## ANIMAL TRACKING & OBSERVATION CLINIC

2.5 hours \$65

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## CALIFORNIA COAST

The California Coastal Range is known for its epic beauty and landscapes. It is home to picturesque redwood rain forests (the largest trees in the world), miles of Pacific Coast beaches, oak woodlands, waterfalls, and thousands of species of plants and animals.

We believe it is one of the best places to learn the sometimes complex skills of backpacking. Besides being beautiful and diverse in its landscapes, many of the environmental challenges found elsewhere are minimal. Water is always available in creeks, so we can avoid the hassle of carrying water weight and worrying about our supply and rationing. We will even have 'Sun Showers' available for bathing. The forest ravines provide natural shade and shelter. The forests and coasts can supply you with wood and stones for tools, shelter, and fire for heat and water purification.



## GREAT BASIN DESERT

You may think of the desert as barren land, deep in the middle of nowhere. But you will discover that with the right skills and equipment, it is an amazing, wild, undeveloped place, with beautiful landscapes and life. On a plateau between the Rocky Mountains to the east and Cascade Range to the west, there is a desert known as the Great Basin. The Great Basin is one of the Four Different Deserts in the United States. You will learn about the basic natural history, plants and animals of the Great Basin, and how it is distinct from the Sonoran, Chihuahuan, and Mojave, as well as other deserts around the world.

On any given trip, you may camp at an oasis, soak in natural hot springs, practice your archery skills in a meadow, and see wetlands, vast dry lake beds, abandoned ghost towns, ranches and prehistoric petroglyph rock art.

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#### ADVENTURE INFORMATION

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#### GENERAL INFORMATION

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